



Treating Traumatic Stress Injuries in Military Personnel: An EMDR Practitioner's Guide (Psychosocial Stress Series)

Mark C. Russell, Charles R. Figley

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Treating Traumatic Stress Injuries in Military Personnel offers a comprehensive treatment manual for mental health professionals treating traumatic stress injuries in both male and female veterans. It is the first book to combine the most recent knowledge about new paradigms of combat-related traumatic stress injuries (Figley & Nash, 2006) and offers a practical guide for treating the spectrum of traumatic stress injuries with EMDR, which has been recognized by the Department of Veterans Affairs and Department of Defense clinical practice guidelines as one of the most studied, efficient, and particularly well-suited evidence-based treatments for military-related stress injuries.

Russell and Figley introduce an array of treatment innovations designed especially for use with military populations, and readers will find pages filled with practical information, including appendices that feature a glossary of military terminology, breakdowns of rank and pay grades, and various clinical forms.

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