



The Strawberry Letter: Real Talk, Real Advice, Because Bitterness Isn't Sexy

Shirley Strawberry

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Listen up, ladies! Shirley Strawberry, co-host of the nationally syndicated *Steve Harvey Morning Show*, delivers more of the no-nonsense woman-to-woman straight talk her listeners have come to love. Shirley tells it like it is—from the heart. Whether the topic is cheating boyfriends, crazy mothers-in-law, job troubles, or money problems, Shirley's girlfriend-next-door honesty has made the Strawberry Letters segment of the show a huge hit. Now, in this uplifting motivational guide, she brings her vivacious, inspirational, and down-to-earth message to women everywhere: Get up, get out, and be the best you can be!

As a single parent and a woman willing to let Mr. Right find *her*, Shirley's been there and done that—and she's got hard-won lessons to share. In this call to action to help women look at their lives with a candid eye, she tackles the issues her fans want to hear about:

- **Love and Relationships:** the highs and lows of dating, marriage, and breakups
- **Family:** the challenges of being a great mom
- **Sisterhood:** ways to get (and give) the support you need to stay sane
- **Self:** tips for overcoming low self-esteem and depression, and finding balance, faith, and acceptance

Full of motivating “Strawberry Tips,” personal stories that provide welcome advice on the run, and helpful suggestions for drama-stuck girlfriends, this book offers a simple message of strength: a challenge to love yourself and your life!

From the Hardcover edition.

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