



# **I Narcisisti Perversi e le unioni impossibili (Italian Edition)**

*Enrico Maria Secci*

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“I narcisisti perversi e le unioni impossibili” esplora i meccanismi e le dinamiche psicologiche della dipendenza affettiva attraverso l’analisi del mito di Narciso e del disturbo narcisistico di personalità. Ricco di esempi clinici e di testimonianze, il libro individua le fasi della dipendenza affettiva e prospetta strategie terapeutiche mirate a interrompere i circoli viziosi della relazione col narcisista per mettersi in salvo. Enrico Maria Secci, psicologo e psicoterapeuta, è specializzato in psicoterapia strategica integrata. Da quindici anni, si occupa di disturbi ansiosi e depressivi, dipendenze affettive e disturbi relazionali nell’età adulta. E’ autore di Blog Therapy, blog di psicologia e psicoterapia di Tiscali con oltre 1.500.000 di visite. Cura, su Tiscali, la rubrica di Salute e Lifestyle.

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