



# Rinse, Spin, Repeat: A graphic memoir of loss and survival

*Edith Fassinidge*

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## **Rinse, Spin, Repeat: A graphic memoir of loss and survival** Edith Fassinidge

On Boxing Day in 2004, Edie Fassinidge set off for a day of kayaking off the coast of Thailand with her boyfriend, mother and sister. That's when disaster struck.

She felt a shift in the air; she spotted something on the horizon; and seconds later, the first wave came crashing down upon them. Separated from her family and covered in open wounds, Edie battled for hours to get to safety: colliding with rocks; tumbling underwater as if in a giant washing machine; grappling with overgrown branches and venomous ants... all the while hanging on to the hope that she wasn't the only one to survive.

*Rinse, Spin, Repeat* is a graphic memoir depicting Edie's experience of surviving the Indian Ocean tsunami that claimed over 200,000 lives and changed hers forever. Using simple illustrations and concise text, she unfolds her feelings in the hours and days of pain and uncertainty that followed. She also reflects on her struggle to find peace in the aftermath of the tsunami, which ultimately empowered her to become the person she is today.

It is a simultaneously devastating and inspiring story that will capture the heart of anyone who has wondered how it is possible to keep going after life has crumbled to pieces.

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