

Inner Child Cards Workbook: Further Exercises and Mystical Teachings from the Fairy-Tale Tarot

Isha Lerner

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Companion volume to the bestselling *Inner Child Cards*, offering in-depth interpretations and advanced exercises using this tarot system.

- Shows how fairy tales bridge the gap between the conscious and unconscious minds.
- Demonstrates how fairy tales can give us hope and courage to live our everyday lives to the fullest.

Full of esoteric healing methods, *Inner Child Cards Workbook* shows us how make life choices by gleaning wisdom from our favorite fairy tales. Lerner examines the deeper mystical symbolism behind each of the fairy tales--relating *Beauty and the Beast* to unconditional love, *Jack and the Beanstalk* to initiation and growth, and *The Emperor's New Clothes* to today's political crises. These stories offer "a food that nourishes both the spiritual and mundane components of life."

Specific visualizations and affirmations correspond to each of the major arcana cards, and new layouts and divination methods for use with her *Inner Child Cards* deck will allow those who are familiar with it to build on previous knowledge. This beautiful guidebook offers a personal, therapeutic journey through fairy-tale symbolism that is a perfect accompaniment to the *Inner Child Cards*.



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