



Wickel, Salben und Tinkturen: Das Kräuterwissen der Bauerndoktoren in den Alpen (German Edition)

Arnold Achmüller

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Der Kräuterpfarrer Künzle aus der Schweiz, die Paßler Ursche aus Südtirol, der Kiendler aus Nordtirol und Amalia Hohenester aus Bayern: Sie alle waren Bauerndoktoren, die sich mit ihrem volksmedizinischen Wissen einen Namen machten. Sie nutzten die Heilkräfte der Natur und haben einen Schatz an wertvollen Hausmitteln hinterlassen. Der Apotheker Arnold Achmüller hat ihre Ratschläge gesammelt, geprüft und um praktische Tipps erweitert. Dieses Buch macht alte und erprobte Heilpraktiken wieder zugänglich – damit wir uns ein Stück Eigenständigkeit in Gesundheitsfragen bewahren.

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