



# Coaching Women to Lead (Essential Coaching Skills and Knowledge)

*Averil Leimon, François Moscovici, Helen Goodier*

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*Coaching Women to Lead* asks why, in the 21st century, there is still such a disparity in the number of women filling leadership roles, compared with men. It argues that a specific coaching approach for women is not only possible but required to support women throughout their corporate career. In this book you will find:

- How to build a robust business case for coaching women
- Which areas of coaching are the most useful at which career stage
- An academic survey to discover what women need to succeed
- In-depth interviews with women role models
- Specific tools and techniques to develop a women-focused coaching programme.

Using case studies and findings from the authors' research, *Coaching Women to Lead* proposes defined areas for coaching women, and offers practical advice for coaches who wish to contribute to the development of excellent women leaders.

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