



The Paradox of Generosity: Giving We Receive, Grasping We Lose

Christian Smith, Hilary Davidson

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Determining why, when, and to whom people feel compelled to be generous affords invaluable insight into positive and problematic ways of life. Organ donation, volunteering, and the funding of charities can all be illuminated by sociological and psychological perspectives on how American adults conceive of and demonstrate generosity. Focusing not only on financial giving but on the many diverse forms generosity can take, Christian Smith and Hilary Davidson show the deep impact—usually good, sometimes destructive—that giving has on individuals.

The Paradox of Generosity is the first study to make use of the cutting-edge empirical data collected in Smith's groundbreaking, multidisciplinary, five-year Science of Generosity Initiative. It draws on an extensive survey of 2,000 Americans, more than sixty in-depth interviews with individuals across twelve states, and analysis of over 1,000 photographs and other visual materials. This wealth of evidence reveals a consistent link between demonstrating generosity and leading a better life: more generous people are happier, suffer fewer illnesses and injuries, live with a greater sense of purpose, and experience less depression. Smith and Davidson also show, however, that to achieve a better life a person must practice generosity regularly—random acts of kindness are not enough.

Offering a wide range of vividly illustrative case studies, this volume will be a crucial resource for anyone seeking to understand the true impact and meaning of generosity.

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Jessica Rodriguez:

Spent a free time to be fun activity to do! A lot of people spent their down time with their family, or their friends. Usually they carrying out activity like watching television, going to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? Could possibly be reading a book can be option to fill your no cost time/ holiday. The first thing you ask may be what kinds of reserve that you should read. If you want to try look for book, may be the book untitled The Paradox of Generosity: Giving We Receive, Grasping We Lose can be great book to read. May be it can be best activity to you.

Charles Anderson:

Playing with family within a park, coming to see the water world or hanging out with buddies is thing that usually you have done when you have spare time, and then why you don't try factor that really opposite from that. One particular activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love The Paradox of Generosity: Giving We Receive, Grasping We Lose, it is possible to enjoy both. It is fine combination right, you still wish to miss it? What kind of hang-out type is it? Oh can happen its mind hangout people. What? Still don't understand it, oh come on its called reading friends.

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