



# Nasty Women

*Jay Carter*

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## **Nasty Women** Jay Carter

The newest book in Dr. Carter's series discusses the communication breakdown that sometimes creates nasty behavior in women, covers the many ways women are perceived by spouses, coworkers, family, and friends, and shows ways to repair the damage caused by behaviors often characterized as "female," including:

- Catty responses to questions or remarks
- Passive-aggressive tendencies
- Misunderstandings gone awry
- Nastiness as a defense mechanism
- Withdrawal from arguments or conflict

Everyone knows a person who has been hurt, betrayed, or degraded by nasty individuals or has experienced it themselves. In three books, Jay Carter, Psy. D., shows readers how to stop this cycle of overt and covert abuse, without resorting to nasty tactics. Now for the first time, this series is released together to cover all areas of dealing with difficult people. With straight-talking advice, real-life anecdotes, and psychology that makes sense, Carter explains how to handle and stop painful behavior that harms both the perpetrator and the victim.

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