



# Manifiesto humanístico (Spanish Edition)

*Andrés Ricardo Sánchez Bodas*

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Un nuevo libro de Andrés Sánchez Bodas, creador del Enfoque Holístico Centrado en la Persona, introductor del Counseling en la Argentina, un pensador ubicado en un “Humanismo Descentrado” que plantea en esta nueva obra una serie de reflexiones sobre la condición humana.

Preocupado por el camino autodestructivo de nuestra civilización, se pregunta si es posible pensar una transformación que re-evolucione nuestro sentido vital, y nos presenta un manifiesto, una serie de relatos y tres seminarios, para ayudarnos a redefinir nuestras relaciones con y en el mundo, desde una praxis que tome en cuenta al otro como un “otro nosotros”, y no como un “otro ellos”.

En el “Manifiesto”, inspirado en la conocida frase “El preguntar es la devoción del pensar” de Martín Heidegger, nos inicia en el texto y ubica su posición ideológica.

En los “Escritos” desgrana el camino de la constitución de lo humano en sus múltiples y quiasmáticas dimensiones, y recorre ideas sobre lo real, el lenguaje (oral y escrito), el desarrollo vital, la mismidad y la yoicidad, la destructividad, el suceder psíquico, los sistemas de creencias y sus condicionamientos.

Finalmente, en los “Seminarios” –que incluyó para facilitar una mejor comprensión de los escritos– plantea el desarrollo y despliegue de los potenciales humanos, así como dos conceptos claves de su pensamiento: “La Tendencia o Pulsión Autoactualizante”, y un profundo “Estudio sobre la Empatía”.

El objetivo es abrir reflexiones y preguntas para que, repensándonos desde otros lugares, desde otras miradas que las vigentes, no sigamos convalidando un sistema de ideas y creencias que ponen en peligro nuestra Especie, y podamos generar una praxis transformadora.

Es este un texto imprescindible para aquellos que aún creen que es posible un mundo mejor y que, para ello, hay que cambiar la actitud con la que nos relacionamos entre nosotros.

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