



The Complete Idiot's Guide to Toltec Wisdom

Sheri Rosenthal DPM

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Open the mind to new possibilities...

Born out of the ancient Toltec society in the central valley of Mexico, this advanced philosophy incorporates the knowledge of science, art, and the spirit to form a perfect model of transcendence. Toltecs believed humans live in a world of dreams that can lead to self-love and respect - the keys to personal freedom. With this guide, readers can explore the knowledge of the Toltecs, taking charge of their lives and becoming fully aware for the first time.

? Foreword from don Miguel Ruiz, the master of Toltec wisdom and author of The Four Agreements

? Filled with practical tools that readers can employ immediately

? This is the perfect introduction to the subject

? Rosenthal is a Toltec Mentor trained by Ruiz himself

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Playing with family within a park, coming to see the marine world or hanging out with buddies is thing that usually you could have done when you have spare time, then why you don't try thing that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love The Complete Idiot's Guide to Toltec Wisdom, you may enjoy both. It is good combination right, you still desire to miss it? What kind of hangout type is it? Oh can happen its mind hangout folks. What? Still don't understand it, oh come on its named reading friends.

Bert Martinez:

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