



Ignite the Genius Within: Discover Your Full Potential

Christine Ranck, Christopher Lee Nutter

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Ignite the Genius Within: Discover Your Full Potential Christine Ranck, Christopher Lee Nutter Jump start hope, kick your creativity into gear, and explode your definition of the possible

A self improvement book like nothing you've ever seen-or heard: a book and podcasting joint production brings to light an insight-boosting audio/visual method for changing the way you think and maximizing your creative potential.

Recommended by the American Psychological Association, the therapeutic method works on two different levels. Powerful four color images accompanied by penetrating questions ask us to think deeply and concentrate on our ideas and beliefs. Then the sound track uses bilateral sounds that resonate from one side of your headphones to the other, stimulating both sides of the brain. When asking the brain to communicate with itself differently, new neural networks and thought pathways form, and people begin to be able to see events and ideas through different lenses. The process heightens awareness and mindfulness and allows readers the rare opportunity to take control and live the lives they've always dreamed of and ignite the genius they've always had within.



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