



Taking Up The Runes: A Complete Guide To Using Runes In Spells, Rituals, Divination, And Magic

Diana L. Paxson

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Although many of us first encountered runes in J.R.R. Tolkien's *Lord of the Rings*, this sacred alphabet is by no means a fabrication for books or movies. Similar to Hebrew letters in the sense that each symbol contains a meaning that transcends its original function as a letter, the runes are practical, flexible, and effective symbols with a variety of uses.

From the introduction: Effective use of the runes requires both the old wisdom and the new. The student must not only consciously study the meanings ascribed to the runes by earlier scholars, but must internalize them.

Today, the best-known application of rune lore is divination: chips or stones marked with the runes are drawn, cast, or laid out in patterns like tarot cards. In *Taking Up the Runes*, Paxson delves into the ancient historical meaning of each rune and explains their contemporary uses and meanings. We discover that the real power of runes comes from inside ourselves when we find the wisdom and power within each symbol and internalize them.

Taking Up the Runes is the ultimate workbook for using the runes on a psychic, spiritual, and magical level. Learn how to make your own rune set and how to use the runes in guided meditations and song.

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