



One Thing At a Time: 100 Simple Ways to Live Clutter-Free Every Day

Cindy Glovinsky

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Simple, effective ways to put things in their place

Those piles of papers, clothes, and other things you thought you'd successfully de-cluttered have returned, and this time they brought friends. What's the use of trying to fight the clutter? Is there a better way?

This powerful and useful guide delivers solutions that work, no matter how overwhelmed you feel. The answer isn't an elaborate new system, or a solemn vow to start tomorrow. Instead, psychotherapist and organizer Cindy Glovinsky shares 100 simple strategies for tackling the problem the way it grows--one thing at a time. Here's a sampling of the tips explained in the book:

- *Declare a fix-it day
- *Purge deep storage areas first
- *Label it so you can read it
- *Get a great letter opener
- *Practice toy population planning
- *Leave it neater than you found it

Written in short takes and with a supportive tone, this is an essential, refreshing book that helps turn a hopeless struggle into a manageable part of life, one thing at a time.

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Robert Kuehner:

Have you spare time for any day? What do you do when you have considerably more or little spare time? Yep, you can choose the suitable activity intended for spend your time. Any person spent their very own spare time to take a stroll, shopping, or went to the particular Mall. How about open or perhaps read a book allowed One Thing At a Time: 100 Simple Ways to Live Clutter-Free Every Day? Maybe it is to become best activity for you. You recognize beside you can spend your time with your favorite's book, you can wiser than before. Do you agree with their opinion or you have other opinion?

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Larry Murray:

People live in this new day time of lifestyle always make an effort to and must have the time or they will get lots of stress from both daily life and work. So , if we ask do people have free time, we will say absolutely of course. People is human not really a robot. Then we question again, what kind of activity have you got when the spare time coming to you actually of course your answer will probably unlimited right. Then ever try this one, reading books. It can be your alternative inside spending your spare time, often the book you have read will be One Thing At a Time: 100 Simple Ways to Live Clutter-Free Every Day.

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