



# **Bless His Heart: The GRITS Guide to Loving (or Just Living With) Southern Men**

*Deborah Ford*

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# Bless His Heart: The GRITS Guide to Loving (or Just Living With) Southern Men

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**Bless His Heart: The GRITS Guide to Loving (or Just Living With) Southern Men** Deborah Ford  
From the bestselling author of *The GRITS® Guide to Life*—a manual for catching, loving, feeding, and living with Southern men

If you're living and breathing in this country, chances are you know a male GRITS (Gentlemen Raised In The South), and if you're Southern yourself (or just wish you were), chances are you love him, bless his heart—but you sure don't understand him. Does your man:

- \* Know every single word to his school's fight song?
- \* Love MoonPies, RC Cola, and GooGoo Clusters?
- \* Still think Mama can do no wrong, even though he's got grandchildren of his own?

Whether he lives in a tar-paper shack or a columned mansion, Deborah Ford celebrates and roasts the wonderful, entertaining, and downright crazy male GRITS who Southern women can't live without.

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