



Taoist Cosmic Healing: Chi Kung Color Healing Principles for Detoxification and Rejuvenation

Mantak Chia

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- Includes practices for cleansing the blood of toxins, relieving pain, using sexual energy for healing, and other tools for the treatment and prevention of disease
- Explains the unique healing potential of chi kung color therapy and how to harness universal and earthly elemental energies in healing
- By Mantak Chia, coauthor of *The Multi-Orgasmic Man*

Taoists believe in an underlying unity that permeates the universe and intimately binds all things. *Taoist Cosmic Healing* presents chi kung techniques that develop and strengthen awareness of the forces and energetic principles of the universe and the earthly six directions, allowing the reader to draw upon these forces for healing themselves and others.

Taoist Cosmic Healing teaches the reader how to use the major acupuncture points in the hands to activate, open, and balance the chi meridians throughout the body. This practice allows the student to detoxify and rejuvenate the major organ systems and, when combined with specific body positions and the chi kung stance, to heal others. Through Mantak Chia's profound understanding of the ancient esoteric science of guiding chi energy, students can learn how to harness the astral energies of specific stars. Master Chia also explains the important role that compassion and positive energy play in enhancing one's ability to heal. He presents for the first time in the West the details of chi kung color therapy and how it can activate and strengthen the immune system.

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Carrie Correll:

Reading a book tends to be new life style in this era globalization. With studying you can get a lot of information that can give you benefit in your life. With book everyone in this world could share their idea. Publications can also inspire a lot of people. Lots of author can inspire all their reader with their story or even their experience. Not only the storyline that share in the publications. But also they write about advantage about something that you need instance. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors nowadays always try to improve their talent in writing, they also doing some study before they write for their book. One of them is this Taoist Cosmic Healing: Chi Kung Color Healing Principles for Detoxification and Rejuvenation.

Patsy Cassella:

Playing with family within a park, coming to see the sea world or hanging out with pals is thing that usually you could have done when you have spare time, in that case why you don't try matter that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Taoist Cosmic Healing: Chi Kung Color Healing Principles for Detoxification and Rejuvenation, you could enjoy both. It is fine combination right, you still wish to miss it? What kind of hang-out type is it? Oh can occur its mind hangout folks. What? Still don't understand it, oh come on its named reading friends.

Anita Sizemore:

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Edith Manning:

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