



The Little Veggie Cookbook: Recipes from a Maine Farmers' Market

kathryn bernier

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The Little Veggie Cookbook is packed with quick and easy ideas and recipes for preparing fresh vegetables, fruits and berries from your local farm stands and markets. Ninety-nine percent of these recipes were shared by customers who frequent local farm stands and markets seeking fresh, healthy foods. Some of those people were local residents, some were tourists passing through, and some were summer residents from a large radius around the area. They represented a variety of religious and ethnic backgrounds, which provided a nice variety of recipes. The Little Veggie Cookbook is sprinkled with tidbits of information and a smattering of useful growing tips. It includes an herb chart to take the guesswork out of which foods each one compliments. It also contains easy directions to create personalized vinegars and oils for home use or for gift giving. The Little Veggie Cookbook is great for the budding chef in your house and a good addition for collectors of cookbooks. Browse through it and see it would make a nice gift for a new bride, a house warming or your sister, not to mention yourself.

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From reader reviews:

Donna Cook:

Spent a free time and energy to be fun activity to do! A lot of people spent their down time with their family, or their very own friends. Usually they undertaking activity like watching television, planning to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? May be reading a book could be option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to try look for book, may be the reserve untitled The Little Veggie Cookbook: Recipes from a Maine Farmers' Market can be great book to read. May be it can be best activity to you.

Matthew Ramey:

Can you one of the book lovers? If yes, do you ever feeling doubt when you are in the book store? Attempt to pick one book that you never know the inside because don't judge book by its handle may doesn't work here is difficult job because you are scared that the inside maybe not while fantastic as in the outside appear likes. Maybe you answer could be The Little Veggie Cookbook: Recipes from a Maine Farmers' Market why because the amazing cover that make you consider about the content will not disappoint an individual. The inside or content is usually fantastic as the outside or maybe cover. Your reading 6th sense will directly make suggestions to pick up this book.

Melanie Finnegan:

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Olivia Cook:

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