



Clinical Anxiety

Malcolm Lader, Issac Marks

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Clinical Anxiety provides information pertinent to the fundamental aspects of clinical anxiety. This book discusses the psychophysiology, psychopharmacology, psychopathology, as well as the psychological treatments of anxiety.

Organized into nine chapters, this book begins with an overview of the emotional state and the subjective bodily discomfort that occurs during anxiety. This text then examines the two aspects of normal anxiety that bears a complex relationship to behavioral performance. Other chapters consider the type of anxiety that is beyond the normal response to stress and handicaps the everyday functioning of an individual. This book discusses as well the distinction between an anxiety state and a depressive illness. The final chapter discusses the advantages of an eclectic examination of anxiety from various aspects simultaneously by considering it as a syndrome of emotional response.

This book is a valuable resource for psychiatrists, general physicians, general practitioners, and others who diagnose and treat clinical anxiety.

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